# **DISPATCHES 2020**

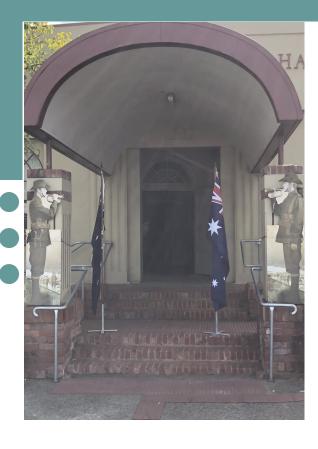
# **DISPATCHES**



Wednesday Arvo –chat, eat, drink, read the paper– up to you

# Inside this issue:

Committee/from the Editor	2
Australia 1951	3
Happening	4
100 years Dieter	5
Remembrance Day speech	7
Deb's cruise/Dave do- nates/	8
Vietnam Vets what's on	9
Opening of the Global Learning Centre	10



# Sunbury RSL AGM 10/02/2020

7:30pm @ RSL

# **Committee**

16

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# **Meetings for 2020**

	RSl	COM	REG 7
FEB	10 AGM	12	
MAR	10 (Tue)		25 Woodend
APR	14 (Tue)	8	
MAY	11		27
JUNE	9 (Tue)		
JULY	13		22 TBC
AUG	10	12	
SEP	14		23 Kerang
OCT	12	14	
NOV	9	11?	25 K'flat
DEC	14	9	

### From the Editor

Well February Newsletter, I hope everyone is ready for the AGM.

A new year-

If you have any thing you would like to have in the newsletter please, have a chat with me or just

send it along

Email: Deb-

bie.williams00@gmail.com

I'd love to hear from you. I'm thinking maybe "letters to the edi-

tor" might be a bit of fun.



## Australia 1952

JAN The first express trains run between Melbourne and Adelaide, following the completion of a railway between the two cities.

FEB King George VI dies, and is succeeded as Queen of Australia by his daughter, Ellizabeth II.

APR Owen Dixon becomes Chief Justice of the High Court of Australia.

The ANZUS Treaty between Australia, New Zealand and the United States comes into force.

JUN Disastrous floods in the southeast corner leaves 600 homeless and render a major rail line near Moss Vale unusable throughout the winter.

The winter season is especially wet in the southeast of the continent, being the wettest on record in Mel bourne and the fifth wettest on record in Sydney.

SEP Qantas Empire Airways commences the first air service between Australia and South Africa.

OCT Premier of Victoria John McDonald resigns after the Victorian Legislative Council refuses supply.

Thomas Hollway forms a short-lived ministry which lasted four days.

NOV Lang Hancock discovers the world's largest deposit of iron ore in the Hamersley Range of Western Aus tralia's Pilbara region.

DEC A state election is held in Victoria.

### 1952 in Australia

Monarchy George VI, then

Elizabeth II

Governor- W

William McKell

General

Prime minister Robert Menzies

**Population** 8,636,458

Elections VIC



# Madge Connor

Police officer



Madge Irene Connor was an Irish-born Australian police officer, who was the first woman to become a member of Victoria Police, and the first policewoman in Victoria, when she was appointed as a police agent in October 1917. Wikipedia

Born: 1874 (age 146 years), Waterford,

Ireland

Residence: Melbourne

Other name: Madge O'Connor



Woman modelling a playsuit,1952. Photo from the Australian National Maritime Museum.



# What's Happening





YOUR LOCAL 'A' GRADE FAMILY OWNED & OPERATED ELECTRICAL & AIRCONDITIONING CONTRACTORS

The first Footy Club dinner was well attended, 23 members & Co enjoyed a predrink and chat, and then continued the chat over the meal. And I believe there is to be some changes to the menu.

We were short some regulars, they know who they are. I've been in touch, all is ok.

Hope to see everyone next month.

# **Footy Club Dinners**





# FEBRUARY in time

1788	The first female convicts arrive at Port Jackson.
1803	Charles Grimes, surveyor general, discovered the Yarra River.
1813	Major Thomas Davey succeeds David Collins as Lieutenant-Governor of Van Diemen's Land.
1851	Tasmania plays Victoria in the first intercolonial cricket match.
1902	Drover, poet and soldier Harry "Breaker" <orant at="" by="" executed="" firing="" is="" pietersburg<="" squad="" td=""></orant>
1928	Bert Hinkler arrived in Darwin, having flown the first solo flight between England and Australia. He left England on the 7th Feb, arriving in Australia on the 2nd Feb,
1937	An explosion kills 13 men at the State Coal mine in Wonthaggi, Victoria,
1942	In the Battle of Rabaul, 158 Australian POWs are massacred in the Tol Plantation massacre.
1942	Japanese bombers bomb Darwin during the Pacific War, killing at least243 people.
1869	A gold nugget named the Welcome Stranger is discovered at Moliagul, Victoria, ther largest alluvial gold find.
1939	Nine people die in bushfires in Gippsland, Victoria.
1945	Motor racing driver Peter Brock is borne in Hurstbridge.
1954	Queen Elizabeth arrives in Australia with Prince Philip on a royal tour.
1964	Cyclone Dora strikes north west Queensland.
1967	Ronald Ryan is hanged at Melbourne's Pentrige Gaol, becoming the last person to be legally executed in Australia.
1981	Cricketer Trevor Chappell bowls an underarm ball against New Zealand causing outrage with official and fans.
1982	Lindy Chamberlain committed to trial for murdering her baby Azaria.
1983	Bob Hawke becomes leader of the Australian Labor Party.
1984	Medicare comes into effect.
1985	Australia cancels its involvement in US-led MX missile tests.
1986	Women were ordained as priests in the Anglican Church of South Australia for the first time.
2001	Cricketer Don Bradman dies in Adelaide aged 92.
2004	The first Chan passenger train across Australia from Adelaide to Darwin sets of on its

three-day journey.

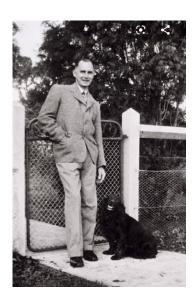








# Dr John Frederick Joseph Cade Peter Free Platypus Press



John Frederick Joseph Cade (1912-1980), medical scientist, was born on 18 January 1912 at Horsham, Victoria, son of David Duncan Cade, medical practitioner, and his wife Ellen, née Edwards, both Victorian born. David commanded the 3rd Field Ambulance, Australian Imperial Force, during World War I and was awarded the Distinguished Service Order. In 1932 he became medical superintendent at Sunbury Mental Hospital.

Educated at Scotch College and the University of Melbourne (M.B., B.S., 1934; M.D., 1938), John was a resident medical officer at St Vincent's Hospital in 1935 and at the Royal Children's Hospital in 1936. That year he joined the mental hygiene branch of the Department of the Chief Secretary and was appointed medical officer at Mont Park Mental Hospital. At St Patrick's Catholic Cathedral, Melbourne, on 1 November 1937 he married Estana Evelyn Jean Charles, a double-certificated nurse; they were to have four sons and a daughter.

Having served in the Militia from 1935, Cade was appointed captain, Australian Army Medical Corps, A.I.F., on 1 July 1940 and posted to the 2nd/9th Field Ambulance. He arrived in Singapore in February 1941 and was promoted major in September. From February 1942 to September 1945 he suffered the privations of a prisoner of war in Changi camp.

Demobilized on 2 January 1946, Cade returned to the mental hygiene branch, now in the Department of Health, becoming medical superintendent and psychiatrist at the Repatriation Mental Hospital, Bundoora. Suspecting that some excessive toxin in the urine of manic patients was a product of metabolic disorder, he experimented on guinea-pigs with a disused hospital kitchen as his laboratory. He found that the animals became extremely lethargic and were protected from the toxicity of injected urea when lithium carbonate was given simultaneously. Taking lithium himself with no ill effect, he then used it to treat ten patients with chronic or recurrent mania, on whom he found it to have a pronounced calming effect. Cade's remarkably successful results were detailed in his paper, Lithium salts in the treatment of psychotic excitement',

published in the *Medical Journal of Australia* (1949). He subsequently found that lithium was also of some value in assisting depressives. His discovery of the efficacy of a cheap, naturally occurring and widely available element in dealing with manic-depressive disorders provided an alternative to the existing therapies of shock treatment or prolonged hospitalization.

In 1952 Cade was appointed psychiatrist superintendent and dean of the clinical school at Royal Park Psychiatric Hospital. Two years later, at the request of the Mental Hygiene Authority which was planning to remodel Royal Park he visited Britain for six months to inspect psychiatric institutions. On his return, he introduced modern facilities and replaced the rather authoritarian approach to patient care with a more personal and informal style that included group therapy. Concerned at the number of alcohol-related cases, he supported voluntary admission to aid early detection and later proposed the use of large doses of thiamine in the treatment of alcoholism.

Active in professional organizations, Cade was a foundation fellow (1963), State chairman (1963-80) and national president (1969-70) of the (Royal) Australian and New Zealand College of Psychiatrists, and a member (1970-80) of the Medical Board of Victoria. In 1977 he retired from his hospital appointments.

Although the use of lithium revolutionized the treatment of manic-depressive disorders from the 1960s, it was not until 1970 that Cade gained international recognition for his work. That year he received the psychiatric award of the Taylor Manor Hospital, Maryland, United States of America, and was made a distinguished fellow of the American Psychiatric Association. In 1974 he shared the second international award of the Kittay Scientific Foundation in New York with the Danish professor Mogens Schou, whose large clinical trials had validated Cade's research. Appointed A.O. in 1976, Cade was guest of honour that year at an international lithium conference held at New York University's school of medicine.

An 'honourable, upright Christian gentleman', Cade had a mordant sense of humour and an unassuming, rather withdrawn manner. He was modest about his discovery: in his book, 'Mending the Mind' (1979), he discussed the use of lithium treatment without mentioning his own part in it. Survived by his wife and sons, he died of cancer on 16 November 1980 at Fitzroy and was buried in Yan Yean cemetery. A portrait by Max Middleton is held by the family.

Recognition of Cade's pioneering work continued after his death. In 1980 the first John Cade memorial lecture was delivered by Professor Schou at the congress in Jerusalem of the Collegian International Psychopharmacologium (of which Cade had been made an honorary member earlier that year). The John Cade award was inaugurated in 1982 by the Victorian branch of the R.A.N.Z.C.P. and in 1983 the faculty of medicine at the University of Melbourne established the John Cade memorial prize. In 1985 the American National Institute of Mental Health estimated that Cade's discovery of the efficacy of lithium in the treatment of manic depression had saved the world at least \$US 17.5 billion in medical costs.

Dr John Cade was Medical Superintendent at Sunbury Mental Hospital.

Article: Australian Dictionary of Biography.



A young man hired by a supermarket reported for his first day of work.

The manager greeted him with a warm handshake and a smile, gave him a broom and said, "Your first job will be to sweep out the store."

"But I'm a college graduate," the young man replied indignantly.

"Oh, I'm sorry. I didn't know that," said the manager.

"Here, give me the broom -- I'll show you how."

My wife suggested we play Doctors & Nurses:

So I put her on a trolly, pushed her into the hallway and ignored her for hours.

# Safety in the Workshop

N S N Y B F W E B J O Z E E N Q O M E P L S B D V T H U O N P I X R T L Q B I S C U I T J O I N T E R Z G I N O E T N D V J H Q Y A B N T G D J E J F F Y O F A N A E L C S O Y T S Z J Z U T R D U P P S S O G O N O R P A P V H A W B D G U Y S S C U T N O R I V D T W O L V C Y T N E M N O R I V N E K W S L L D T N E M N O R I V N E K W S L L L C S O R E W D R I V E R T I Z K L C C C P Q H N Y A X Z S I U O E R T I Z K L C C C P Q H N Y A X Z S I U O E R T I Z K L C C C P Q R S S E R P L L I R D A L A T L W L X D A A S I V H R P F D F D F A N K A Q W D I S C S A N D E R U J

Environment
Disc Sander
Clean Spills
Goggles

Safety Biscuit Jointer
Clean Tidy up
Hair tied
back Leather Shoes
Scroll Saw

Drill Press Srewdriver Apron

MARCH ON WITH SOLDIER SON

Sunbury Exhaust & Mechanical Centre

**DISPATCHES** Page 8





Australia Day was celebrated on the Village Green, with a BBQ, coffee, flags, etc.

Peter Free, as always did a great job.

Jarrod Bell was off with the SES, so unable to be there to receive his award.

Little disappointing the village green was dug up and unusable, but, "what can you do?"









### **UPCOMING EVENTS 2020**

First BBQ day back is Thursday 17th January 2020.

BBQ's every Thursday for the year 2020.

Australia Day Sunday 26th January 2020 at the Vietnam Veterans House. \$5 entry fee.

AGM Thursday 13th February 2020,

llam @ the House.

Mulwala Trip 23rd-26th March 2020.

Moama Trip 27th -30th March 2020.

ANZAC Day 25th April 2020.

Long Tan Dinner Dance Friday 14th August 2020 at the Melton Country Club.

We will be conducting a service for Vietnam Veterans Remembrance Day on Monday the 17th August 2020 @ 10am @ the Memorial Precinct on High Street.

Vietnam Veterans Remembrance Day Tuesday 18th August 2020. We will be going into the Shrine of Remembrance for this day. A bus will be provided. Contact your secretary if you wish to attend. More details later.

Lunch @ Galli Restaurant Thursday 15th October 2020.

Melbourne Cup Day 3rd November 2020 @ th Vietnam Veterans House. \$5 entry fee.

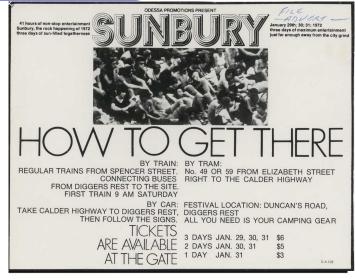
Remembrance Day Monday 11th November 2020 10:30am @ the Memorial Precinct High Street Melton.

Children's Christmas Party Sunday 29th November 2020.

Christmas Dinner Dance Friday 4th December 2020 @ the Melton Country Club.

Please contact your Secretary or Treasurer to make a booking to attend any of these events.







Sunbury's claim to fame-

I called in a few weeks ago to see the Billy Thorpe memorial—it's a very sad little plaque in a very lonely place, unloved and unkept.

Possibly the single most amazing, exciting, wild thing to heave ever happened to Sunbury. I've lived here 31 years and I didn't even know exactly where it was. Quite a walk from a station.

They must have really wanted to be there. Imagine the be-hind-the-scene stuff that would happen today to hold something like that.

# War Memorials



BARCALDINE War Memorial, Queensland Inscription:

Erected in honour and appreciation of those who enlisted from Barcaldine and district, and who participated in the Great War 1914-1919



ETERNAL FLAME in remembrance of all of Western Australia's war dead, State War Memorial, Kings Park, Perth.

Inscription:

Let silent contemplation by your offering



Australian Service Nurses National Memorial, Anzac Parade, Canberra, ACT

A timeline portraying the history and contribution of Australian Service Nursing is etched into the glass walls



MANNUM War Memorial, South Australia

Inscribed

Great War

Our Glorious Dead

World War II In Remembrance 1939-1945



COBBERS, Shrine of Remembrance, Melbourne, Victoria

This sculpture was created in 2008 by Peter Corlett as a memorial to Australian Service and sacrifice at the Battle of Fromelless, 19 July 1916.

Resource: We Remember



SUNBURY RSL SUB-BRANCH STAWELL STREET,3429